

## Announcements

### Act 1 - 1. Welcome

Welcome at Equinox Retreat. We hope you enjoy your stay with us. We have arranged for you to spend your first moments here in a group therapy session. Please take turns in introducing yourselves by telling everyone your name and pronouns, and please share with the group how you are currently feeling. Thank you.

### Act 1 - 2. Middle

Hello everyone. Today's group therapy session has come to an end. Please take some time to enjoy our facilities and socialise with your group in a more laid back atmosphere. Also, please remember that your companions will need you to interact with others. Enjoy your evening.

### Act 1 - 3. End

Good evening everyone. Your first day at Equinox Retreat has come to an end. Please return to your rooms for a good night's rest

### Act 2 - 1. Welcome back

Good morning everyone. Today marks the middle point of your stay at Equinox Retreat. Please take turns during this group therapy session in telling each other what you have learned so far. Thank you.

### Act 2 - 2. Middle

Hello everyone. Today's group therapy session has come to an end. As usual, you are free to enjoy our facilities for some more relaxed socialising with your group. Please remember that your companions still need you to interact and form meaningful connections with others. Have a wonderful day.

### Act 2 - 3. End

Good evening everyone. Our facilities will currently be closing, and yet another day at Equinox retreat has come to an end. Please return to your rooms and enjoy a good night's rest.

### Act 3 - 1. Last welcome

Good morning everyone. Today marks your last day at Equinox Retreat, which we hope has been a period of growth and insight for you. During your last group therapy session, we want to offer you the opportunity to share with the rest of the group what you will take with you from your stay here. Thank you, and enjoy your last session.

### **Act 3 - 2. Middle**

Hello everyone. Your last group therapy session has come to an end. We have foreseen some time for you to still socialise with the rest of your group in the relaxed atmosphere of our venue. Please enjoy this last day of quality time that you will get to spend with your group at Equinox Retreat.

### **Act 3 - 3. Saying goodbye**

Hello everyone. You will soon be picked up and transported to your homes again. We hope we have helped prepare you to face the second part of your life, along with your companions, and that maybe, you have made some meaningful connections along the way. We want to give you some time to say goodbye to the people you spent this time with, and we hope that some of these goodbyes will only be temporary "see you later's".

### **Act 3 - 4. Final end**

Goodbye everyone. Your stay at Equinox Retreat has now come to an end, and we hope you are ready to part ways. Thanks again for choosing this retreat, we hope you enjoyed your stay here.