



Substantiation of Dreams

This is a ritual of Dream Magic. It allows the participants to verify that someone does not plan to break a promise.

This ritual requires 3 participants. The Leader must have been to Sleepy Valley, and each person may only lead this ritual once.

This ritual uses 1 ritual flashlight and the Magic Mirror.

- (1) Designate one participant (who has been to Sleepy Valley) as the **Leader**. One participant will be the **Reflector**. A third participant will be the **Dreamer**.
- (2) The Reflector will hold the Magic Mirror, the Leader will hold the flashlight.
- (3) The Dreamer lies down¹ and closes their eyes, dreaming of their plans for the future.
- (4) The Leader says, "We seek to substantiate a pledge."
- (5) The Reflector says, "We see will see your promise in your dreams."
- (6) The Leader turns on the flashlight and points it at the Magic Mirror. The Reflector points the light at the Dreamer.
- (7) The Leader says, "tell us your dreams." and the Dreamer speaks a promise.
- (8) The Reflector says "we see your dreams".
- (9) The Leader turns off the light. The Reflector learns if the Dreamer intends to break their promise.

¹ If you're comfortable with it. Sitting down is an okay replacement.